



Croatia

Zadar, Plitvice, & Zagreb

September 26–
October 5, 2024

\$2800.00

The Experience: GRAB Croatia 2024 will begin in Zadar and conclude in Zagreb. The area we will visit is situated within the country's central coastal and mountainous region and has a rich culture dating back to the 9th century BC. The trip will include three distinct environments and hiking locations including an island trek along the Adriatic Sea near Zadar, a mountain trek in the foothills surrounding Zagreb, and distance treks around the cascading waters at [Plitvice Lakes National Park](#), a UNESCO World Heritage Site.

The treks: These experiences are designed for those who enjoy moving at a moderate pace (2-4 mph) and appreciate stops along the route to learn about the region's rich history, environment, and culture. The trekking distances range from 4-12 miles and can take 3-8 hours, which includes lunch, breaks, site visits, views, and lively conversation.

Accommodations: Our accommodations include hotels in center city Zadar, in the Plitvice mountains, and center city Zagreb. We select highly recommended three- and four-star hotels, though it is important to know that interpretations of ratings can vary based on location. We may also be limited in our hotel options due to location, size, and availability. Specific hotel information is shared upon registration.

Meals: The program covers all breakfasts and six of the eight dinners. On the trail, we eat picnic style, so everyone will collect items for lunch prior to our treks. Participants are on their own for two dinners and any additional meals while traveling to and from Croatia.

Program Overview (treks are samples to get a sense of the location, and may not be the actual treks)

Thursday, September 26, 2024

- Depart the US

Friday, September 27, 2024

- Arrive in Zadar, Croatia
- Welcome reception as a group 6:30pm

Saturday, September 28, 2024

- First trek on [Zadar's Coastline](#)
- Dinner as a group

Sunday, September 29, 2024

- Second trek on [Preko](#)
- Dinner on your own

Monday, September 30, 2024

- Third trek [Plitvice Lower Lake](#)
- Dinner as a group

Tuesday, October 1, 2024

- Fourth trek [Plitvice Upper Lake](#)
- Dinner as a group

Wednesday, October 2, 2024

- Fifth trek [Plitvice Western Mountain Region](#)
- Dinner as a group

Thursday, October 3, 2024

- Rest day, transfer and tour Zagreb
- Dinner on your own

Friday, October 4, 2024

- Sixth trek [Zagreb Mountain Region](#)
- Dinner as a group

Saturday, October 5, 2024

- Program Concludes

A day in review: Each morning when we leave the hotel, you will only need a small pack to carry layers, lunch, water, and other personal items while on the trail. When there is a hotel transfer, your luggage will be shuttled to the next location and will be waiting for you upon arrival. After completing the hike in the afternoon, you may enjoy the pool, town, beach, streambed, and/or a libation. You do not need to be a top-notch athlete or have prior hiking experience to participate in this program, though proper preparation will make the trip more enjoyable. The recommended way to prepare is to exercise 3-4 days a week and walk with a light pack to get accustomed to the weight, your systems, and the distances. We will address the necessary backcountry skills, trail etiquette, hiking techniques, self-care, and expectations at the start of the trip and will provide guidance prior to and throughout the experience.

Weather: The weather conditions in October in Zadar tend to be pleasant with a temperature range of 11-24 Celsius (53-75 F) and an average rainfall around 83 mm (3.3 inches). The sea temperature is 21 Celsius (70 F), and the tidal variance is negligible. In the mountains of Plitvice National Park, the temperature range is 5-16 Celsius (41-61 F) with an average rainfall of around 137 (5.4 inches).

Transportation: Everyone is responsible for their flights to and from Croatia, and ground transportation from and to the airport. All other ground and/or ferry transportation is covered during the trip. We do not include airfare in the pricing of our trips. We want to allow participants flexibility in their travel arrangements since people use frequent flyer miles, travel from various destinations, and/or decide to arrive early or extend their trip once the program has concluded. We will provide guidance in selecting the appropriate airline route and travel itinerary for an on-time arrival.

Travel and Airline Information: This trip begins in Zadar and ends in Zagreb. You will need to fly into Zadar directly via an international hub, or fly into Zagreb or Split and take additional transportation to Zadar. You will fly home from Zagreb. If you need assistance in sorting through itineraries, please do not hesitate to ask.

- Depart for Croatia no later than September 26, 2024, to arrive in the morning or early afternoon of September 27.
 - Option 1: Fly into Zadar (most likely this will be two legs via a major international hub)
 - Option 2: Fly into Split or Zagreb and get transportation to Zadar; a bus or car service is required for the 1.5-2.5 hour drive
- Depart for home via Zagreb or your next location no earlier than the morning of October 5.

Cancellation of Trips: We reserve the right to cancel trips due to a lack of participants, State Department warnings, or natural occurrences that may be potentially hazardous. If you cancel more than 60 days before the departure date, you will receive a full refund minus the \$500 deposit. If cancellation occurs 45-60 days before the departure date, a 50% refund is available. If cancellation occurs 21-44 days before the trip, a 25% refund is available. There will be no refunds for cancellations made within 21 days of the trip.

Not Included in the Price: Souvenirs, alcohol, excess baggage charges, meals in destination cities before and after the trip, personal expenses incurred outside the scope of the trip, insurance, individual evacuation costs, or hospitalization.

Health and Medical & Release of Liability: We require each participant to fill out medical/liability forms and for any contracted services that request similar documentation.

Travel Insurance: It is highly recommended that you seek out supplemental travel insurance for any international experience to cover trip cancellations, lost luggage, hospitalizations, accidents, or evacuations.

Medical Information: If you take any type of prescription medication, you should continue to take the medication throughout the duration of the program. Travel can compound stress, mentally and physically, and you want to keep yourself healthy. Additional notes about medication:

- Pack in your carry-on luggage and make sure it is clearly labeled, in its original container, and you have information stating why you are taking the medication.
- Request additional medication in the event you are delayed returning home—check with your insurance company about receiving a “vacation override” if the medication is for a severe condition.
- Verify your medication is legal in the country we are traveling to. If not, consult with your physician to provide a generic version of the drug in that country.